

# ***Kathy Peters, C.P.R./First Aid Instructor***

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## **OBJECTIVE SUMMARY**

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A specialized CPR/First Aid Instructor offering a superior degree of professionalism and classroom instruction. Over 30 years in the healthcare field as a Registered Nurse involved with staff nursing, teaching and training duties while working in Emergency Room Critical Care Units in Canada and the United States. Combine an enthusiastic, conscientious and quality mindset with a high level of teaching skills. Consistently demonstrate exceptional knowledge and abilities in the following areas:

- Superior Flexibility & Adaptability, Always Going Above and Beyond
- Superior Student and Patient Care Diligence
- Innovative and Creative Teaching Methods
- Deadline Oriented, Punctual No Absenteeism and Deliver to Expectations
- Excellent Student, Team and Customer Relations
- Solid Organization and Time Management Skills
- Capable of Creating Fun and Interactive Classrooms
- Curriculum Development and Delivery
- Training and Orientations and Presentation Skills

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## **SUMMARY OF ACHIEVEMENTS**

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### **TEACHING EXPERIENCE**

- **Taught Nursing at St. Clair College from 1989-1992 as a third year Med-Surg Instructor in hospital clinical area.** Also, students requested my class because of the
- **Received a superior rating on student evaluations for outstanding instruction.** It was noted by superiors that many students requested my class personally because of above average interpersonal skills and superior knowledge base related to the Registered Nursing background and experience.

### **C.P.R. INSTRUCTION BACKGROUND**

- **Recent Experience as a C.P.R. and First Aid Instructor at Harper Hospital (DMC System) training and recertifying staff members** from doctors, to nurses, anaesthesiologists and pharmacy students as well.

### **COMMUNICATION SKILLS**

- **Superior teaching ability and flexibility of scheduling of classes to accommodate students.** Capable of meeting all learning types including a very hands on approach for the kinesthetic learning needs of this course. Small classes sizes are maintained to give attention to all participants. Classes curriculum meets a common sense and practical style so that students are engaged but it is adaptive enough so as not to lose their attention.
- **Classes met all WSIB standards and checklists** including Regulation Act 1101.

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## **PROFESSIONAL HISTORY**

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### **Save-A-Life, Windsor, ON**

**2005 – Present**

*Owner/Operator/Instructor*

- **Started this successful new business**, establishing a high level of customer satisfaction and rapport.
- **Instruction curriculum** is provided by Peri-Med First Aid and thus meets all WSIB requirements.
- **Developed a solid reputation** for excellent lesson and class preparation. Lectured with PowerPoint as well as hands on training and designed quizzes and regular test changes.
- **Encourage students** and encouraged development of their natural talents. Able to analyze the strengths and weaknesses of each student and build on strengths and improve weaknesses with a positive approach.

### **Harper Hospital (Detroit Medical Centre), Detroit, MI**

**1998 – 2005**

*Staff Nurse/Nurse Educator/C.P.R. Instructor, 2003-2005*

- Educator and staff nurse and CPR Instructor teaching CPR to staff for certification and recertification.
- Educated on the skills and practices for the pre-operative and recovery room and advancements in care.
- Acted as a resource to all staff of the preoperative and operating room staff.
- Keep abreast of current practices by participating in professional associations, seminars and workshops.

*Staff Nurse, 1998-2003*

**PROFESSIONAL HISTORY**

- Sinai Grace Hospital (DMC System), Detroit, MI** **1989 – 1998**  
*Staff Nurse*
- Responsibilities in various departments including Emergency room, Cardiac Care, Surgical Intensive Care, and Telemetry Step-Down Units.
- St. Clair College of Applied Arts and Technology, Windsor, ON** **1989 – 1992**  
*Clinical Instructor for Med-Surg, Part-time*
- Instruction of third year nursing students for their clinical Med-Surg experience.
- Windsor Western Hospital, Windsor, ON**  
*Staff Nurse. Part-time*
- Working in Gerontology, Emergency, Med-Surg and Critical Care departments.

**EDUCATION, LICENSES**

- Brockville General Hospital School of Nursing, Brockville, ON** **1974**  
*Diploma of Nursing*
- Certificates:**
- Peri-Med (WSIB Recognized), Windsor, ON** **2006**  
*First Aid Instructor Certificate*
- Canadian Heart & Stroke Association, Windsor, ON** **2005**  
*C.P.R. Certificate*
- American Heart Association, Detroit, MI** **2004**  
*C.P.R. Certificate*
- Additional Training:**
- Registered Nurse, Board of Nursing, State of Michigan **2005**
  - Basic Cardiac Life Support (BCLS) **2005**

**CORE COMPETENCIES**

**CLIENT SERVICE:** Believe it is the key differential advantage for every type of organization in today’s marketplace.

**LEADERSHIP SKILLS:** Pull disparate personalities together to act as one to reach common objectives.

**EMPATHETIC CARE:** Act as a patient advocate with respect for patient’s rights and activities. Recognized by superiors as exhibiting accessibility and empathy to patients and families, by assisting them in understanding and coping with severe illnesses and utilizing above average clinical skills.

**PRESENTATION SKILLS:** Utilize PowerPoint and Overhead slides but primarily hands on practice exercises are utilized for each class.

**AFFILIATIONS**

- **RNAO Registered Nurses Association of Ontario** **1974 - 2005**
- **Michigan Board of Nursing, Registered Nurse** **1974 - 2005**
- **College of Nurses of Ontario, Registered Nurse** **1974 - 2005**